



Lingo

It's never too late to learn a new language

Flamingo



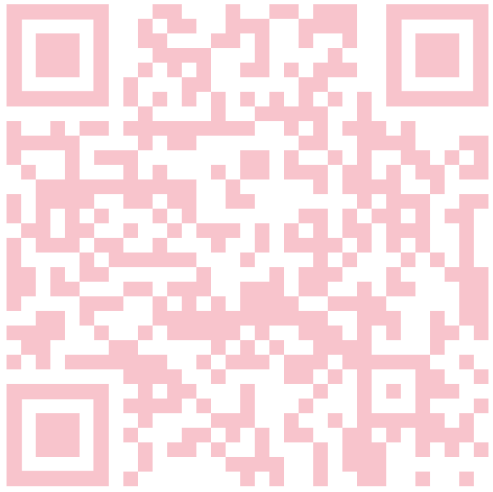
# Contents

Did you know?	2
Our Research	3
Who Are We?	5
Why Join the Flock?	6
Find Your Language	7
Lingo News and Developments	9
Our Workbooks	11
Our Tutors	12
Our Students Say...	13
How to Join the Flock	14
Partners and Get in Touch	15

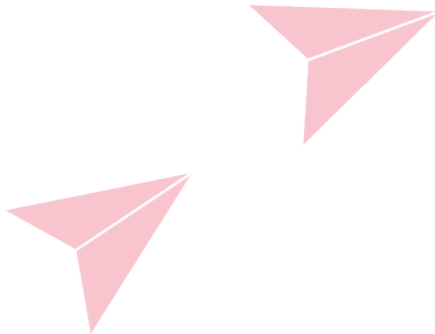
What can language learning do for you?



# Did you know?



Learn more



Dementia can be delayed by up to 5 years by learning a second language!

Studies show that language learning can improve attention span, concentration levels, memory and communication!

You don't have to be fluent either...  
These cognitive benefits begin to take effect after just one week!

The power of **language learning**  
can **double** cognitive recovery in strokes  
and delay the onset of dementia by **5** years!

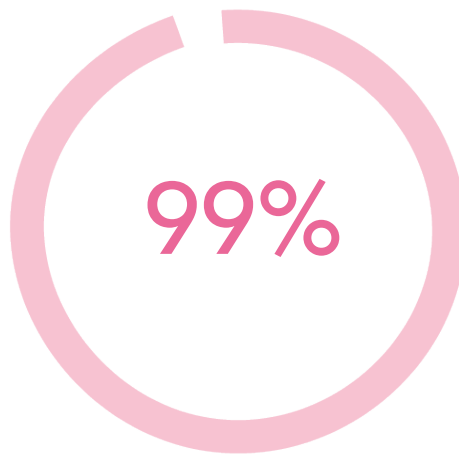


# It's not just good for the brain...

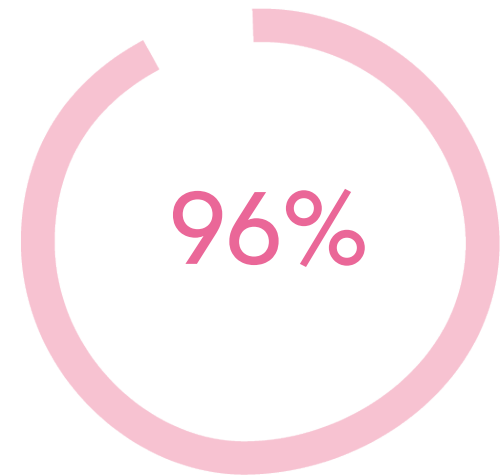
By putting **fun first**, our language classes leave behind the boring grammar, endless repetition and mindless memorisation that characterised many people's school experiences of language learning, in favour of a **relaxed, informal environment** in which students can **connect** with their classmates, have a **laugh** and **enjoy the journey** of linguistic and cultural discovery. But don't just take our word for it! Look what our students say...



Enjoyable



Made them  
feel happier



Improved their  
self confidence

It's also good for the banter!



# Who are we?

A not-for-profit social enterprise using **language learning as a therapeutic platform** for older adults, including those living with dementia, in care homes, community groups and day centres across Scotland.





# Why join the flock?

Accessible

Interactive

Multisensory



At the very heart of language learning is social connection. There's room for everyone to join in the conversation in our classes, no matter your age, needs or abilities. Our tutors encourage you to enjoy learning through stories, songs, nostalgia or group work. Come and join the flock!

A Lingo Flamingo language class asks you to step into learning culture, not just language! Multi-sensory learning helps you to immerse yourself in the experience. You'll feel like one of the locals while sculpting landmarks, indulging in tasting sessions, belting out tunes in sing-a-longs, trying your hand at arts and crafts, or playing games and taking part in activities.

Forget how you learned a language at school... This is language learning done differently! You could be doing a quiz, playing bingo or dancing Flamenco all whilst learning a brand new language: Our tutors put fun first!

# Find your language...

Do you fancy yourself a bit of an old romantic? Perhaps you're an art lover, a cheese or wine connoisseur - or even a dedicated follower of fashion? If romance, style and indulgence are your reasons d'être, you might like our French classes! You'll feel like you're wandering the cobbled streets of Paris, ordering the plat du jour with ease in no time!

Paris Patter!



Berlin Blether!



If you enjoy sleek precision and having the perfect word for every scenario, you might find your footing in our German classes! A nation of multitude identities, you'll not only learn more about its bustling cities and invigorating culture, but lose yourself in the soul-stirring scenery of half-timber towns, romantic charm and *Gemütlichkeit* (coziness). You'll soon know your *Bauernfrühstück* from your *Bratwurst*!

Spain is known as Europe's most passionate country - where food and wine are obsessions and landscapes lift the spirit, where music courses through the nation's soul and the good life is lived in abundance. In fact, we Scots swap the drizzle for the sizzle in Spain above anywhere else! If you're a Flamenco fanatic, or fancy yourself to be as passionate as a Spaniard, dive right in to Spanish lessons and *vives la vida española...*

La Dolce Vita!



"You may have the universe if I may have Italy." So wrote Italian composer Verdi, and he may be onto something. From its food, the envy of the world, to Michelangelo's masterpieces, not to mention the grandeur of Rome, or Renaissance splendour of Florence, the country almost groans under the weight of its own beauty, incredible history and cultural cachet. If you join our Italian lessons, you'll soon know your tuscan torta from your tiramisu, learning the local lingo and giving yourself a taste of that sun-kissed slow life the Italians are famed for.

Benidorm Banter!



# Lingo News and Developments

Skye Small Talk!



If you're interested in learning the ancient language of the Gaels, then Gaelic could be the right choice for you! Think misty glens and scenic islands, traditional music and festivals coupled with a large dose of Scottish heritage! If you fancy engaging in some Skye small talk, then why not give Gaelic a go?



Lingo now includes Gaelic as the latest addition to our language courses! As of 2021, we are proud to support national endeavours to revive and raise awareness for Gaelic language, culture and heritage.

## SQA Accreditation

We have been granted Approved Centre Status by the SQA (Scottish Qualifications Authority) for our care home courses. This means that as well as experiencing all the cognitive benefits of language learning, our care home learners will also be able to study for a modern languages qualification in either French, Spanish or Italian at National 2 level. For many, this may be a first formal qualification, underlining our belief that it's never too late to learn!

## The Carers Portal

Our exciting online E-Flock Portal now gives carers access to a multitude of interactive foreign language resources. Learners can improve their pronunciation skills by copying native speakers, use our handy pronunciation guides and have fun playing online games or making use of our printable resources. Working in tandem with our bespoke workbooks, our E-Flock Portal gives learners a full, varied and engaging language learning journey!

### Song activity

Ciao! Here is a song which contains some colours. Listen to the song and see if you can find them.



### Copycat

Buongiorno a tutti! Listen to the different items of clothing in Italian and see if you can copy them. Let's hear those beautiful Italian accents!

1/7



### Days of the week

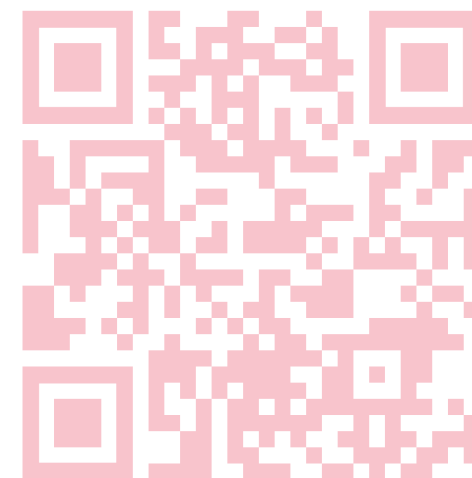
Choose a Resource

Resources  
guide

Written  
pronunciation  
guide

Workbook

## Scan me!



The E-Flock is Lingo Flamingo's unique online language learning and social platform launched in 2021 to supplement and support the experience of our students in community and care home classes.

A space for students to learn, connect and play beyond the classroom. To find out more about our portal, follow the QR code on the right.

# Our workbooks

Lingo Flamingo's workbooks are one of a kind: in fact, the **world's first tailored portfolio of language lessons designed specifically for older adults and those living with dementia.**

Our books are visually engaging, interactive and accessible; full of games, activities, room for note-taking and vocabulary, providing a personal step by step guide to classes.



# Our tutors



Our tutors are speakers of foreign languages who in addition to their language skills, share their knowledge of local cultures and traditions. We provide them with specialised training about working with older adults and adults living with dementia. We teach our tutors how to tailor classes, making the workshops as accessible and engaging for older adults with different abilities and learning styles.

*“The moment they tell you something back, you’re really engaging... there’s a connection, and you’re really there with them... and you think, now it’s not just me telling you things; now we are doing this together.”*

*“My experience tutoring at the Dementia Resource Centre has been amazing. I created fun and accessible language learning by evoking different senses in a series of interactive activities. I eagerly awaited Tuesdays to go to the centre, where I had a lot of fun together with the class.”*

# Our students say...

"At the beginning, I thought it would have been really difficult, at my age, you don't expect to be able to learn a new language. But the lessons were lovely and we got along very well. *It's good to try new things.* It was really nice to have our Wednesday mornings together. It was nice to chat to everybody and have something to do and something to look forward to during the week. After the first lesson I wasn't feeling shy anymore, because I knew it would be a lot of fun."

Betty, 85,  
Glasgow

"Learning a new language is fun and good exercise for your brain. You meet other people and realise you are not as old as you thought. *There's plenty of life out there – go out and meet it and make the most of it.*"





# How to join the flock



1

Visit our website at:  
[www.lingoflamingo.co.uk](http://www.lingoflamingo.co.uk) to  
find out more information  
or get in touch via email at:  
[info@lingoflamingo.co.uk](mailto:info@lingoflamingo.co.uk)  
You can also give us a call  
on [0141 328 4094](tel:01413284094)!



2

Book a **free language taster class** worth £40! Follow the link below to book your taster class in one of our 5 languages!

[www.lingoflamingo.co.uk/book-a-taster-class](http://www.lingoflamingo.co.uk/book-a-taster-class)



3

Continue on to book your first block of classes and discover the joys of **language learning, done differently!**

# Partners



# Contact

Keep up with us on social media @:



lingoflamingo1



lingo\_flamingo



Lingo Flamingo

#LearnWithLingo

Get in touch at:  
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